

## 8 Step Complete Denture Delivery

### Step 1 Adjust Denture base with PIP (spray water on tissue and PIP prior to seating)

- until heavy pressure on 1<sup>st</sup> molars causes no pain
- If no pain on heavy pressure, then discomfort while chewing will be probably caused by tilting, twisting from occlusion

### Step 2 Denture peripheries with PIP (one quadrant at a time)

- until border molding doesn't displace denture or show heavy burnthrough

### Step 3 Occlusal Adjustment – remount on articulator (**AFTER** Denture Base adjusted)

- centric contacts on flat surfaces, middle of occlusal table
- minimize buccal cusp contacts
- should sound like loud knocking when centric contacts are even
- excursive contacts distributed, no bumps, jumps, light anterior contacts

### Step 4 Chewing Test & Rate – until no pain, looseness

- if problem, adjust occlusion until patient rates ~95-100% better
- Locate problem teeth, minimize contacts that are uneven, heavy, buccal to ridge, eliminate centric stops on inclines
- If patient not sure it's better, keep adjusting until ~ 90% better, 'You got it', 'that's much better!'

### Step 5 Check OVD, Esthetics & Phonetics

### Step 6 Polish

- small areas, use Brasseler polishing points in clinic
- for final polish or extensive areas
  - disinfect, gloves off, take to lab
  - clean pumice with liquid soap (emulsifies) on clean ragwheel,
  - tin oxide on clean ragwheel,
  - discard both ragwheels when complete

### Step 7 Care Instructions verbal and written with pamphlet, toothbrush, denture cup

### Step 8 Recall/Follow-up

- As soon as possible (within one day suggested)
  - Within 24 hours mandatory for immediate dentures
  - Eliminate problems early – happier, comfortable patients
  - Dal – 6 month recall
  - Practice – yearly recall